

## **Resin Fillings**

The anesthesia will begin to wear off in approximately one to three hours depending on the time it was given. Until that time, avoid all hot foods and liquids. Do not chew on anything. This will prevent accidental burning or biting of your lips, cheeks or tongue.

You may experience some minor sensitivity to temperature and pressure for a few days. If your filling was especially large, it is not unusual to experience some sensitivity for a week or two. If you do experience any symptoms that seem unusual, please let us know. A simple adjustment to your bite may be necessary.

Anesthesia affects the feeling of your bite. If your bite does not feel balanced and even, once the dental anesthetic has worn off, please call us for an adjustment. **A balanced bite is very important.** An irregular bite can lead to pain and sensitivity.

**Remember, no question is too small and  
we are just a phone call away:**

**410-213-7575**

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